



First 5 Orange County and CalOptima Health Dyadic Services Program Academy

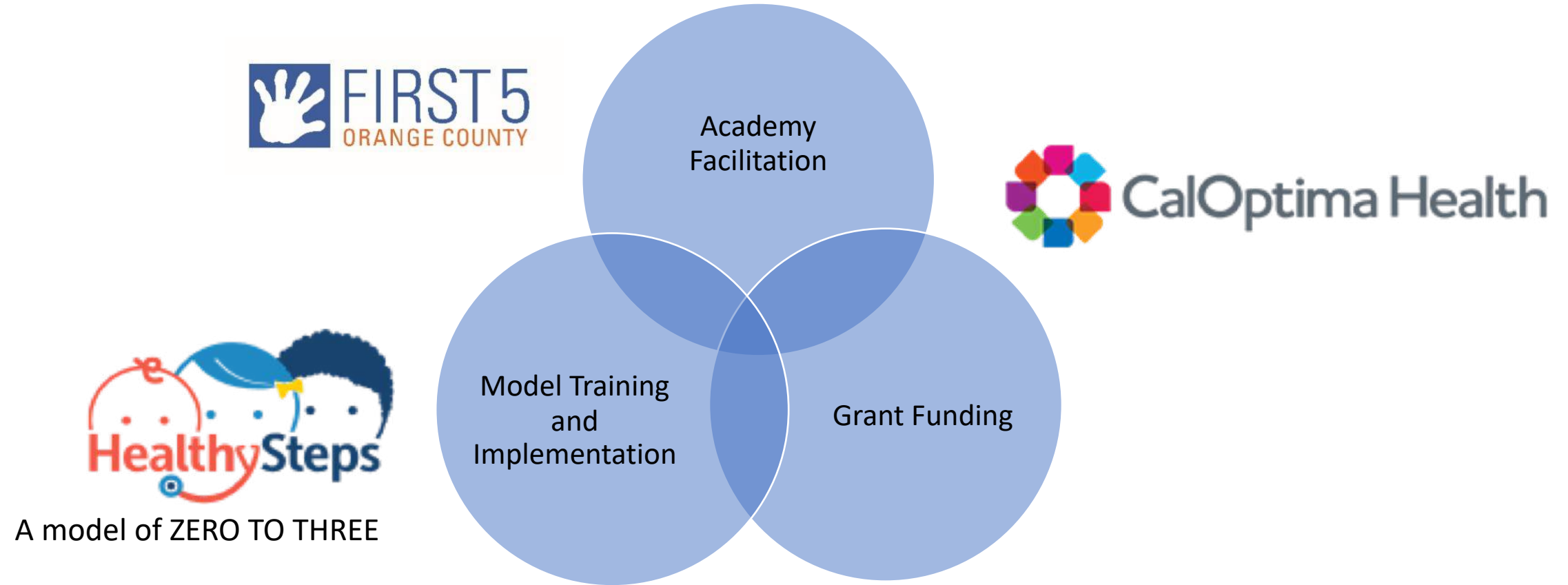
Grant
Informational
Webinar

Agenda

- Dyadic Care in Early Childhood
- Overview of the CalOptima Health Dyadic Services Program Academy
- Grant Application Process
- The Healthy Steps Model
- Questions



First 5 OC CalOptima Health Dyadic Services Academy A Partnership for HealthySteps Expansion in OC



What is Dyadic Care?



No pediatric concern affects the child without involving the parents or family.



Dyadic care begins with establishing a trusting relationship with parents



Integrated care that serves the dyad



Primary Care

Timely dyadic services address the needs of BOTH parent(s) and baby



Behavioral Health

Immediate support for the dyad- in the exam room or down the hall.

Dyadic Care is Whole-Person Care

FIRST 5 CENTER FOR
CHILDREN'S POLICY

- Family-centered
- Integration of behavioral health during early childhood
- Comprehensive screening and referrals for early intervention
- Wrap-around support to families

New Children's Medi-Cal Behavioral Health Benefits 101: Family Therapy and Dyadic Services



CalOptima Health Dyadic Services Program Academy Overview

First 5 OC CalOptima Health Dyadic Services Academy

- Grant Opportunity
- Up to 10 grants for \$150,000 available to pediatric practices and Federally Qualified Health Centers (FQHCs) in OC, to fund the **HealthySteps Specialist position**. (\$25K will be paid to ZERO TO THREE program)
- Participation in a **two-year** CalOptima Health Dyadic Services Program Academy
- Academy includes **training, technical assistance**, and support to achieve **program sustainably** of the ZERO TO THREE HealthySteps Model
- Expected Outcomes
- Increase number of Well Child Visits and Developmental Screenings among children birth to 3 years
- Provide reimbursable dyadic interventions for children birth to 3
- Increase billing claims for non-specialty mental health services for children ages 0-3 and/or family dyads, to sustain the HealthySteps program

What to Expect in the Academy and HealthySteps Onboarding Process

- **Application Phase (May – September 2024)**
 - Submission of applications
 - Selected clinics contract with First 5 OC to receive grant and join the Academy
 - Begin onboarding and contracting process with ZERO TO THREE HealthySteps
 - Recruit a licensed HealthySteps Specialist and begin credentialing process with CalOptima Health
- **Academy Phase (October 2024 – June 2025)**
 - 9-month virtual training and technical assistance through ZERO TO THREE to implement the HealthySteps model
 - Attend Academy sessions on specific topics (ex. Dyadic billing. HealthySteps Specialist support, etc.)
- **Post-Academy (July 2025 – June 2026)**
 - Virtual technical assistance from ZERO TO THREE and First 5 OC to support model implementation and sustainability
 - Submit quarterly performance metrics to First 5 OC

Application Overview

- Demographics and Utilization (Q. 1)
 - Number of Children Empaneled by age FY 21/22 and FY 22/23
 - Number of Well Child Visits

Children Empaneled (or active in practice)	Number of Children Empaneled/Active (FY 2021) by age	Number of Children Empaneled/Active (FY 2022) by age
Ages 0–3 Years		
Ages 0–5 Years		
Ages 5–17 Years		

Children Empaneled (or active in practice) FY2023	Less than 1 yr.	12–30 mos.	30+ (31–48 mos.)
Number of children empaneled (or active in practice) by age			
Number of Well Child Visits			

Application Overview

- Patient Payer Mix
- Evidence- based Screening tools
- Barriers if any (Q. 5)
- Data reporting using EMR (Q. 6)

3. Pediatric patient population payer mix:

Payer	Percent of Total Empaneled (or active in practice) Pediatric Patients (Birth to 5)
CalOptima Health (Medi-Cal)	
Commercial	
Uninsured	
Other	
Total	

4. Please list which evidence-based screening tools (PEDS, ASQ, MCHAT, Edinburgh, etc.) are used by your practice during Well Child Visits.

Screen for: Yes (Y) or No (N)	Screening	Tool(s) Used to Screen
	Developmental Screening	
	Autism Screening	
	Social-Emotional Screening	
	Maternal Mental Health	
	Other	

Application Overview

- Current Capacity and Services
 - Early intervention referral protocols (Q. 7)
 - Providers on staff: pediatric and mental health (Q. 8)
 - Pediatric and Behavioral Health Champions (Q. 8)
 - Discussion of behavioral health integration model (Q. 9)
 - Factors motivating clinics toward practice change (Q. 10)
 - Screening, Psychotherapy, Dyadic Service billing (Q. 11)

Application Overview

9. Please describe your current behavioral health integration model: who currently provides services related to the behavioral/mental health needs of your pediatric patients, the physical location of these services, your referrals process, follow-up process, and any closed loop or coordinated team care processes, etc. (450 word maximum)

Application Overview

Attestation

- Hire or identify a full time HealthySteps Specialist
- Attendance of appropriate staff with HealthySteps mandatory onboarding and training series, implementation calls, and academy training
- Development and implementation of team based Well Child Visit
- Completion of performance reporting
- Commitment to Sustainability strategies

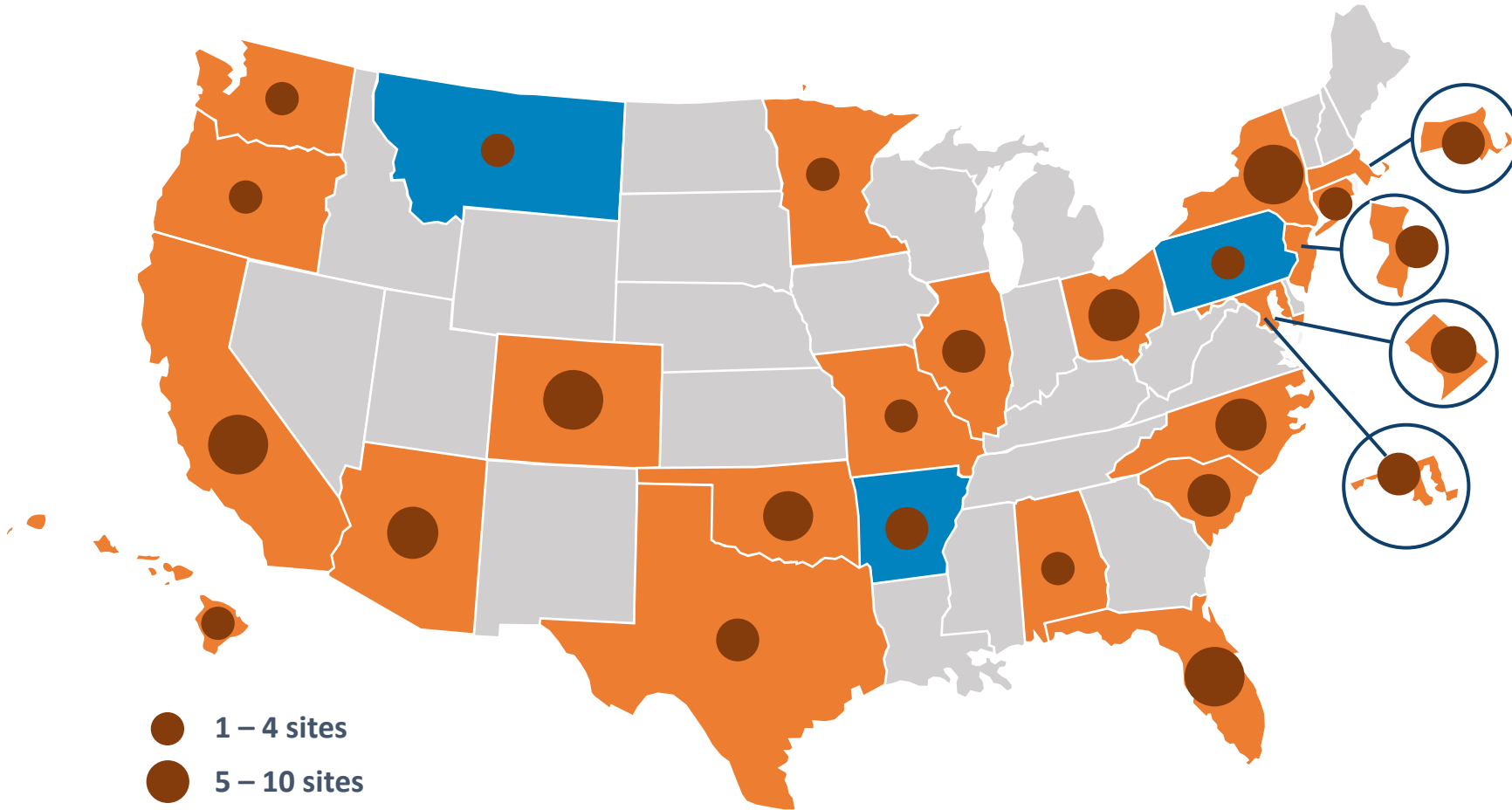


PEDIATRIC CARE • SUPPORTING • PARENTING
A Program of ZERO TO THREE

**Christina Nigrelli, ZERO TO THREE,
Senior Director of Programs
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April 2024

National Network



- 1 – 4 sites
- 5 – 10 sites
- 11 – 14 sites
- 15+ sites

279

sites

ACROSS

24

States

Washington, D.C., & Germany



What is HealthySteps?

An evidence-based, interdisciplinary pediatric primary care program that promotes nurturing parenting and healthy development for babies and toddlers, particularly in areas where there have been persistent inequities for families of color or with low incomes.

HealthySteps Specialists are integrated into the pediatric team to provide short-term behavior/development consultation and referrals, intensive services when needed, and support practice screening efforts.

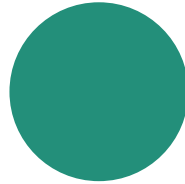
Tiers of Service Delivery

SERVICES INCLUDE

TIER 3

COMPREHENSIVE SERVICES

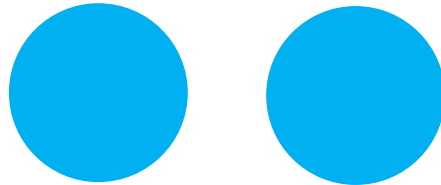
FAMILIES MOST AT RISK



Ongoing, preventive team-based well-child visits

TIER 2

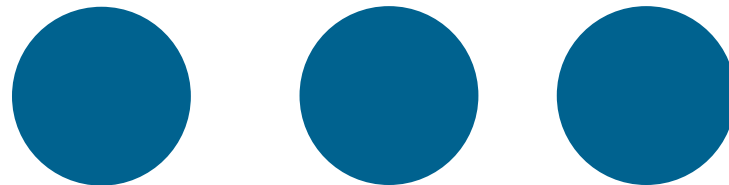
SHORT-TERM SUPPORT MILD CONCERNS



Child development & behavior consults
Care coordination & systems navigation
Positive parenting guidance & information
Early learning resources

TIER 1

UNIVERSAL SERVICES



Child developmental, social-emotional & behavioral screenings

Screening for family needs

- MATERNAL DEPRESSION
- OTHER RISK FACTORS
- SOCIAL DETERMINANTS OF HEALTH

Family support line

- PHONE, TEXT, EMAIL, ONLINE PORTAL

HealthySteps Specialist Competencies

Knowledge & Skills	Dispositions	The HealthySteps Specialist
	Area 1: Diversity, Equity, Inclusion, Accessibility & Belonging (DEIAB)	
	Area 2: Child Development & Well-Being Area 3: The Caregiving Relationship	The Caregiver-Child Relationship
	Area 4: Caregiver & Family Well-Being Area 5: Health Care Systems Area 6: Community & Early Childhood Systems of Care Area 7: The HealthySteps National Network	Contexts
	Area 8: Supervision for HealthySteps Specialists	The HealthySteps Specialist Supervisor

Onboarding New Sites



PREPARATION SUPPORT

- Securing funding & Goodness of Fit
- Gaining administrative and practice buy-in (Physician Champion)
- Preliminary implementation planning, including:
 - Data collection
 - Sustainability



VIRTUAL TRAINING

- HS Training Institute
- The “what” and the “why” of HS
- Implementation planning
- Clinical practice strategies



TECHNICAL ASSISTANCE

- Six one-hour calls per practice
- Calls occur in the first year following training
- Focus on implementation and clinical challenges

Questions?

Grant: First5OC@cfcoc.ocgov.com

Appendix

Application Timeline

Action	Date
Information Sessions	6/19/24 6/20/24 and 6/21/24
Complete the ZERO TO THREE HealthySteps Interest Form	Starting 6/21/24
Last day to email questions to First5OC@cfcoc.ocgov.com	6/23/24
FAQs are posted	6/25/24
Application Deadline submitted to First5OC@cfcoc.ocgov.com	7/10/24 by 5 p.m. PST
Announcement of Approved Grants	8/8/24

Application

Screening	CPT/HCPCS code (w/modifier U1)	Yes	No	Unsure
Maternal Mental Health	G8431 (+), G8510 (-)			
Developmental Screening	96110			
Social/Emotional Screening	96127			
ACES	G9920 (low risk), G9919 (high risk)			
Psychotherapy				
Individual	90832, 90834, 90837, 90839, 90840			
Family	90846, 90847			
Perinatal depression counseling during infant visit	90832 (w/modifier 33 if preventative), 90837 (w/modifier 33 if preventative)			
New Dyadic Services				
Dyadic Behavioral Well Child Visit	H1011 (w/modifier U1)			
Dyadic Comprehensive Community Support	H2015 (w/modifier U1)			
Dyadic Psychoeducational Services	H2027 (w/modifier U1)			
Dyadic Family Training and Counseling for Child Development	T1027 (w/modifier U1)			